



# 5 BEGINNER FAERY MISTAKES (AND HOW YOU CAN AVOID THEM)

After 12+ years of working with the Faery realm to transform my life and support the healing and awakening of Mama Earth, you can bet that I've made every mistake in the world! I want to share some of those beginner mistakes with you here, along with specific ways to help you easily bypass any unnecessary roadblocks you might meet along the way. These lessons took me years to really understand, but you can take a page from my lifelong journey-with-the-Faeries book here and apply it right now in your life to enhance all your Faery interactions and create a life-changing relationship with these beings.

## **MISTAKE #1: TOO MUCH IMPORTANCE PLACED ON WORDS, CONVERSATION & CHanneled MESSAGES**

I'll be the first to admit to you that in the beginning I put way too much emphasis on channeled messages and dialogue. You see conversation was how I measured an interaction or communication.

So I might have "seen" something – an image or color; perhaps I heard a sound or some tune came into my mind; or maybe I felt a sensation or noticed a feeling come up within me. But because the Faery being didn't actually "say" anything, I discounted the interaction as a figment of my imagination or I told myself I didn't "get anything."

The thing is, Faeries do not interact with us on our terms; oftentimes we have to meet them on theirs. And what they hold as significant is very different from our understanding of communication. To them words are next to meaningless. In their world, they use a whole range of communication inputs including tone, color, feeling, imagery and energetic exchange.



So what about channeled messages? Well, the interesting thing is that these are usually the result of a skillset of the human. It's a skill of interpretation and translation. Some of us can experience the tones, sensations and colors and we are able to translate them (sometimes almost instantaneously) into words in our own language. Sometimes this is a way to help our brain catch up in its understanding. This can also help us when we wish to try and convey an experience to another human.

➤ **Takeaway: Letting go of your expectations on how an interaction with the Faery world *should* be is key to a successful interaction.**

I want you to consider the following analogy:

An ambassador to a foreign country needs to learn the culture, customs and behaviors of the country it intends to meet with. This knowledge is essential to the success of the mission. Without it, the ambassador runs the risk of offending or failing in creating the alliance.

Next time you meet a Faery being consider the whole range of senses and inputs that this being might use to connect and communicate with you. Be aware that simply sitting in the presence of this being has the potential to transform and radically change the both of you. Try to remain present to the energetic transmission that is taking place and treat it as an attunement. The more you interact with beings of this world, the more your energy will realign with your own natural flow. This shift will start to awaken you to your own truth and light. It's a natural byproduct of working and interacting with these beings.



## **MISTAKE #2: DISCOUNTING THE POWER OF IMAGINATION**

For years I misunderstood imagination as exclusive from reality. I found myself second-guessing my intuition and experiences with the Faery world.

Days after a mystical experience I would be like: “Did I really see that?” or “Did that REALLY happen?” I would begin to doubt that a Faery being had really given me some particular gift or shared some wise message.

Because my interactions felt a lot like I remembered my childhood daydreams or playing make-believe to be, I discounted them.

However, there’s a reason children are more prone to otherworldly experiences. It’s because they know how to use their imagination. This is critical because imagination is actually the bridge that we can use to cross over from the mundane human physical world into the spiritual world of Faerie.

### **➤ Takeaway: Imagination is your jumping off point for accessing the Faery world.**

When you are out next time in the woods or walking in the park try using your imagination and picture the Faery beings.

Ever heard the old adage: “Fake it ‘til you make it”? Well, you can do precisely that until you get the hang of working in the world of Spirit.

A good way to think about this is that you need a little bit of a jumpstart. And imagination can be that catalyst for reawaking your sacred senses and being able to perceive the Faery beings.

Tip: If nothing is happening, you’re probably trying too hard. Try to relax into it. Instead of “trying to see something,” allow the magical scene to unfold. Just like daydreaming!



### **MISTAKE #3: LACK OF UNDERSTANDING ABOUT THE ROLE OF FAERIES IN MY LIFE**

Coming from a traditional turned New Ager background, I didn't understand how to relate to the Faeries, and this negatively impacted my relationship with them.

One of the main issues that would show up in my early days as a result of the above was a lack of consistency in my communications with them. Some days I'd be on and poppin', really feeling the connection and magic – I knew they were right there with me. Other days I'd swear they'd pressed some do-not-disturb button and my words and questions fell upon deaf ears; on days like this, it would seem the Faeries were nowhere to be found.

I finally realized that approaching them the same way as someone would approach angels, guides or helpers is NOT going to cut it. First of all, they are not guides. This is a human-centric perspective and it doesn't work with the Faeries. Guides or helpers suggests that they are here to guide and help YOU. As if you are in the leading role and their sole purpose is to provide assistance to you on the reg.

➤ **Takeaway: While not our guides or “helpers,” the Faeries can become our ALLIES!**

Embracing this mindset shift will gain you their respect. Respect leads to trust; trust leads to partnership.

Just like in a friendship, you don't want to be that person that only calls when *you* need something.

Instead see how you can be a good friend or ally. Is there something the Faeries are asking of you? Have you given them a gift lately or are you always on the receiving end? Consider making them an offering as a token of friendship. Or simply keep your eyes, ears and heart peeled, and look for opportunities to add value to the relationship.





## **MISTAKE #4: OBSESSION WITH INTERPRETATION**

I was constantly trying to dissect the meaning of each of my encounters with these beings. Whether it was a Faery dream or an up-close-and-personal meeting in the forest, my brain was working overtime to analyze what each component meant:

What was the meaning of that tree? What did that animal mean? How about that symbol or gift I received?

However, breaking it down into smaller parts so you can understand it dilutes the potent medicine of the experience. First, it gets you stuck in your head and totally out of your heart. Second, the power of Faery medicine lies in the whole picture and how all of its parts relate to one another.

➤ **Takeaway: Let the Faery encounter be a healing balm that helps you perceive reality from a holistic perspective.**

This was a game-changer for me. Once I stopped trying to analyze the individual components, then the medicine of the Faery experience was able to work its magic on me.

Instead of analyzing the experience, try being totally present with it. Try seeing the experience “from your heart.” This is more about letting go, then actually doing something.

Start by breathing in and out of your heart to refocus your energy. Then pay attention to EVERYTHING that is taking place as if each moment is the most amazing thing ever.

Lastly, if something shows up in your journey, then FOLLOW it. So, for example, if an animal shows up in your meditation, then don't try to remember what the meaning of this animal is. Instead pay attention to it and set your intention to follow it. Watch how it guides you to deeper parts of yourself. 😊



## **MISTAKE #5: LOOKING UP TO THEM**

My first Faery experience was one of awe-inspiring wonder – both visually and emotionally. After that, many of my interactions were of a more subtle nature. But that first one really set the bar; it was so powerful it stopped me in my tracks, totally rearranging my viewpoint of the world around me.

So it's no surprise that for the longest time I viewed these beings as somehow more advanced, more powerful or more special than myself. I won't go as far to say that I revered them or thought them gods, but I'd definitely discounted my own power for theirs.

I succumbed to the old "ascension fever" and thought that I was supposed to be "getting to their level" or something. And this became a great stumbling block to my spiritual progress, as I was constantly measuring myself using these criteria. Definitely not productive.

### ➤ **Takeaway: Own *your* power and value in this transformative partnership.**

It's important to know that there are some things that they can do that we are unable to do, and vice versa.

And we each have something really special to contribute to one another, not the least of which are our experiences.

In terms of being human, our experience in 3D land is crucial to the Gaia plan. Each time we connect with a Faery being, we help them by energetically teaching them what it's like to be human.

And they help us remember the magic, joy and truth of who we are, as they have never left that truth.

So next time you meet a Faery being: Do have respect. Approach this meeting with a childlike innocence. But do not place them on a pedestal.



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Remember, the magic and healing potential of the Faery realm is all about connection and relationship. And when you have trust in yourself and your sacred senses, intimate experience and a powerful relationship with these beings, then you have everything it takes to heal yourself and the planet!

Take a breath, feel your heart, believe in your own magic. And now answer your soul call and step into it! I believe in you and your magic. You've got this!